

HISTORY FORM

Thank you for taking the time to complete this form. This information is essential for me to conduct a thorough evaluation.

CLIENT'S FULL NAME: _____ Date of Birth _____

Address: _____

Phone: Home: _____ Cell: _____ Work: _____

E-mail: _____

Please provide information for a **living parent who can be interviewed** for this evaluation:

Name: _____ Relationship to you: _____

Address (if different from above): _____

Phone: Home: _____ Cell: _____ Work: _____

E-mail: _____

Developmental History

1. Did your mother take any medications during her pregnancy with you, or did she have any difficulties during her pregnancy with you requiring medication and/or bed rest?

2. Did your mother take any illicit drugs or alcohol or tobacco during her pregnancy with you?

3. Did you have any early developmental problems, in the first 3 years? Speech delay, late to walk, etc.

4. Did you have any medical (chronic illnesses such as asthma and diabetes) or developmental problems (delays in motor skills, social skills, communication, etc.) during your childhood?

Medical and Psychiatric History

Current Primary Care Physician: _____

Address: _____ Phone: _____

Have you had any health problems **in adulthood** (e.g., asthma, diabetes, heart disease, cancer)?

Are you taking any type of medication currently?

| <u>Name of medication</u> | <u>Dosage</u> | <u>Reason</u> | <u>Date begun</u> |
|---------------------------|---------------|---------------|-------------------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

Have you taken any medications in the past?

| <u>Name of medication</u> | <u>Dosage</u> | <u>Reason</u> | <u>Dates</u> |
|---------------------------|---------------|---------------|--------------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

Are you working with any health professionals **currently**, including therapists, psychologists, or psychiatrists?

| <u>Provider</u> | <u>Phone</u> | <u>Date Begun</u> | <u>Reason for seeing them</u> |
|-----------------|--------------|-------------------|-------------------------------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

Have you worked with any health professionals **in the past**, including therapists, psychologists, or psychiatrists?

| <u>Provider</u> | <u>Phone</u> | <u>Date Begun</u> | <u>Reason for seeing them</u> |
|-----------------|--------------|-------------------|-------------------------------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

General Information

| | <u>You</u> | <u>Your Spouse/Partner</u> |
|-----------------|------------|----------------------------|
| Name | _____ | _____ |
| Education level | _____ | _____ |
| Occupation | _____ | _____ |
| Age | _____ | _____ |
| Religion | _____ | _____ |

Do you have any siblings?

| | | | |
|------------|-------------|----------------------|-----------|
| Name _____ | M / F _____ | Full/Step/Half _____ | Age _____ |
| Name _____ | M / F _____ | Full/Step/Half _____ | Age _____ |
| Name _____ | M / F _____ | Full/Step/Half _____ | Age _____ |

If you have children, please provide their names and ages:

| | | | |
|------------|-------------|------------------------|-----------|
| Name _____ | M / F _____ | Bio/Adopted/Step _____ | Age _____ |
| Name _____ | M / F _____ | Bio/Adopted/Step _____ | Age _____ |
| Name _____ | M / F _____ | Bio/Adopted/Step _____ | Age _____ |

School History

Highest level of school completed: _____

Did you ever have extra help in school (K-12) or receive specialized education services?

Did you experience any of the following in your education history?

- IEP/504 plan
- Held back 1 or more grades
- Skipped 1 or more grades
- Learning problems
- Oppositional behavior
- Attention problems
- Hyperactivity problems
- Underachieving
- Difficulties with schoolwork/homework

Family History

Do any of your *biological* relatives have any of the following conditions? Please check all that apply, past or present.

| | MOTHER | FATHER | MOTHER'S FAMILY | FATHER'S FAMILY | YOUR SIBLINGS |
|------------------------------------|--------|--------|-----------------|-----------------|---------------|
| Intellectual Disability (i.e., MR) | | | | | |
| Epilepsy | | | | | |
| Social Awkwardness or Autism | | | | | |
| Learning Problems | | | | | |
| Attention Problems | | | | | |
| Hyperactivity | | | | | |
| Problems with Anger | | | | | |
| Alcohol/Drug Abuse | | | | | |
| Depression | | | | | |
| Suicide Attempt | | | | | |
| Anxiety | | | | | |
| Obsessive-Compulsive Disorder | | | | | |
| Bipolar Disorder | | | | | |
| Schizophrenia | | | | | |
| Psychosis | | | | | |
| Criminal History | | | | | |
| Psychiatric Hospitalization | | | | | |

Your Goals

Please briefly describe current **concerns** and **goals** you have for this evaluation/therapy: _____

Please briefly describe your **strengths** and things you have in your life currently that provide you with a sense of well being and contentment: _____
